



# EPILEPSY AWARENESS

**Course Number**  
VEL0303

**Time Required**  
30 minutes

**Assessment**  
Formal (multiple choice)

**Approvals**  
CPD

**When introducing epilepsy, we must first recognise that there are around 40 different types of seizures. Statistics show that one in five people will have a seizure at some time in their life although only some of these will be caused by epilepsy.**

Epilepsy is a neurological condition that affects the brain and the nervous system and is covered by the Equality Act 2010. The condition can affect people for only a portion of their life, or it can be lifelong. Because of the varied nature of the condition an awareness of epilepsy and the actions you can take if you are present during a seizure is incredibly useful for those who work in health and social care.

This course will give you an overview of epilepsy. It lists the methods of diagnosis, what a seizure is and how the brain can be affected. It will introduce some possible seizure triggers and describe what to do when someone has a seizure. It will also discuss some of the treatments offered to people with epilepsy and provide practical advice on what you can do if you witness someone having a seizure.

## Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

### Suitable for:

Care, Education  
and Commercial



### Modules:

- What Is Epilepsy?
- Types Of Seizure
- What To Do