



EMERGENCY FIRST AID AT WORK – ONLINE ANNUAL REFRESHER

Course Number
VEL0102.1

Time Required
150 minutes

Assessment
Formal (multiple choice)

Approvals
IIRSM

What is Emergency First Aid? Well it's exactly that, the first aid to be offered if an incident occurs. Not many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid could be as simple as sticking a plaster on a small cut.

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

But what if you did find yourself confronted with a more serious situation. This Emergency aid course will highlight some of the most common situations that you might come across and the actions that you can take to help.

In the most serious situations a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the patients odds of survival.

Suitable for:
Care, Education
and Commercial



Modules:

- What is First Aid?
- Barriers, ABCDs and the recovery position
- CPR and AEDs
- Choking
- Bleeding
- Shock
- Spinal Injuries
- Breaks

- Head Injuries
- Sprains
- Managing an Incident & Record Keeping
- Burns & Scalds
- Electric Shock
- Eye Injuries
- Anaphylaxis and Diabete
- Heart Attack & Stroke