

PRESSURE AREA CARE

Course Number
SC0107

Validity
1 Year

Duration
1/2 Day

Assessment
Continuous

Pressure ulcers occur when a localised area of skin and underlying tissue becomes damaged due to pressure, friction, or shear. Most sores can be prevented. Attending delegates will gain a thorough understanding of the subject to help them minimise opportunity for ulcer formation and optimise any required treatment for the persons in their care.

Introduction

- Introduction and course overview

Course Programme

- Anatomy & skin function
- Pressure ulcers defined
- Those at risk
- How ulcers form
- Prevention incl. nutrition
- Recognising development
- Treatment methods
- Equipment
- Course evaluation

Suitable for:
Care



80-95% of pressure sores are avoidable. 700,000 people are affected annually. (N.H.S)