



# STROKE AWARENESS

**Course Number**  
SC0307

**Validity**  
3 Years

**Duration**  
1/2 Day

**Assessment**  
Continuous

**Stroke is the leading cause of severe disability in the UK. The aftermath can be very challenging and in many cases family suffer a real sense of loss. This course is suited to both health and care staff wishing to have a greater understanding of stroke, causes and its effects.**

## Introduction

- Introduction and course overview

## Course Programme

- What is stroke?
- Types
- Common symptoms
- The Face, Arms, Speech Test (FAST)
- Mini-strokes
- Risk factors
- Post-stroke effects
- Sense of loss
- Restoration of function & treatment
- Communication
- Treatment & medication
- Approach to care
- Course evaluation

### Suitable for:

Care



*A stroke occurs approximately every 3 minutes. It is the largest cause of complex disability. - Stroke Association*