

ADDISON'S DISEASE AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

Continuous

This Addison's Disease course provides delegates with essential knowledge to recognise, understand, and appropriately respond to individuals affected by Addison's Disease, including those at risk of adrenal crisis. Delegates will explore the anatomy and physiology of the adrenal glands, examine the causes and symptoms of Addison's Disease, and consider treatment options and long-term prognosis. Practical discussion will also focus on how the condition impacts daily life and how healthcare professionals and carers can support individuals effectively. This course is suitable for healthcare staff, support workers, and carers involved in the care or monitoring of individuals with endocrine disorders.

Suitable for:

Care



Introduction

- Introduction and course overview

Course Programme

- Overview of Addison's Disease
- Causes, signs, and symptoms
- Diagnosis and treatment
- Managing adrenal crisis
- Supporting individuals living with Addison's Disease
- Summary and course evaluation

"With the right balance of daily medication, people with Addison's and adrenal insufficiency can expect to have a normal life span" addisonsdisease.org.uk