

☐ Active Resuscitation

☒ Do not Resuscitate

DNAR & CPR AWARENESS

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

-

This practical and informative course explores Do Not Attempt Resuscitation (DNAR) decisions and the fundamentals of CPR. Delegates will learn when and how DNAR decisions apply, who is involved in making them, and the legal and ethical implications. The session also covers how to recognise cardiac arrest, perform CPR, and respond appropriately in care settings. Suitable for all care staff working with vulnerable individuals.

Introduction

- Welcome, aims, and course overview

Course Programme

- Understanding DNAR: definitions, purpose, and legislation
- Advance decisions and best interest considerations
- Common scenarios and ethical decision-making
- What to do in an emergency: Primary survey and CPR
- CPR demonstration and hands-on practice
- When to start, continue, or stop CPR
- Summary, questions, and course evaluation

Suitable for:

Care



"DNACPR stands for do not attempt cardiopulmonary resuscitation. It's sometimes called DNAR (do not attempt resuscitation) or DNR (do not resuscitate) but they all refer to the same thing." NHS