

IDENTIFYING DETERIORATION

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

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This course supports healthcare staff in recognising the early signs of patient deterioration, including both clinical and non-clinical indicators. Delegates will gain confidence in identifying "soft signs" of decline, understanding vital sign parameters, and using structured tools such as NEWS2 and SBARD for assessment and communication. The course also includes practical skills training in observation techniques and case-based discussion. Suitable for support workers, carers, and healthcare professionals in any care setting.

Suitable for:

Care



Introduction

- Welcome, introductions, and course overview

Course Programme

- What is deterioration? Understanding soft signs
- Introduction to RESTORE2 and NEWS2
- Vital signs: respiration, oxygen saturation, pulse, blood pressure, temperature, consciousness
- Recognising abnormal readings and what they indicate
- Using SBARD for effective communication
- Practical observation skills and case study exercises
- Group feedback, questions, and evaluation

"Signs of patient deterioration can be categorized as either "hard signs" (measurable vital signs) or "soft signs" (subtle behavioral changes). NHS England