

COMPRESSION BANDAGING

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

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This Compression Bandaging course provides delegates with the knowledge and practical skills needed to assess for and apply multi-layer compression bandages safely and effectively. The course explores the circulatory system, the causes of venous leg ulcers, the importance of accurate assessment using ABPI, and key signs of poor perfusion. Delegates will observe a demonstration and participate in hands-on practice to build confidence in applying each layer of compression. This course is suitable for clinical staff involved in wound care and leg ulcer management.

Suitable for:

Care



Introduction

- Introduction and course overview

Course Programme

- Introduction to compression bandaging and its purpose
- Understanding the circulatory system and venous ulceration
- ABPI (Ankle Brachial Pressure Index) assessment and relevance
- Compression bandaging: step-by-step application of all layers
- Recognising poor perfusion and safety considerations
- Video demonstration and practical application
- Summary, Q&A, and course evaluation

"The most commonly treated wounds are leg ulcers. Leg ulcers are chronic wounds that occur in the lower leg; they are distressing and painful to those who have them, prone to infection and have a negative impact upon a patient's mobility and quality of life." NHS