

CONTINENCE CARE AWARENESS

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

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This Continence Care Awareness course provides delegates with a clear understanding of the different types of incontinence and the practical ways to support individuals with dignity and sensitivity. The session explores factors that can aggravate continence issues, including physical and emotional impacts, and outlines best practices in personal care, the use of continence aids, and skin integrity maintenance. This course is suitable for carers, healthcare assistants, and support workers in any setting.

Introduction

- Introduction and course overview

Course Programme

- Understanding types of incontinence
- Factors that may worsen incontinence
- Faecal incontinence and appropriate support
- Supporting continence needs and promoting independence
- Catheters, pads, and other continence products
- Importance of good skin care and hygiene
- Summary, questions, and course evaluation

Suitable for:

Care



"It is estimated around 14 million people in the UK suffer from a bladder condition." Bladder & Bowel Community