



CYBER SECURITY AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

This course provides a clear and practical introduction to cyber security threats in the workplace. Delegates will explore common risks such as hacking, phishing, data breaches, and employee error, along with strategies to prevent and respond to cyber attacks. Emphasis is placed on real-world scenarios, good digital habits, and legal responsibilities under GDPR. Suitable for all staff who use digital systems or handle personal data.

Introduction

- Welcome and course aims

Course Programme

- Understanding common cyber threats
- Risk factors: internal and external vulnerabilities
- Safe digital practices (passwords, updates, vigilance)
- Recognising phishing, ransomware, and social engineering
- Data breaches and reporting procedures
- GDPR overview and legal duties
- Summary and course evaluation

Suitable for:
Care, Education
and Commercial



"Recent government statistics reveal a concerning trend: half of UK businesses have experienced some form of cybersecurity breach or attack in the past 12 months." IGPP 2024