

DELIRIUM AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This course provides care staff with a practical understanding of delirium, including how to recognise early signs, assess risk factors, and support individuals experiencing it. Delegates will explore causes and types of delirium, key symptoms, diagnostic processes, and the importance of timely intervention. The course also focuses on person-centred support strategies and prevention. Suitable for staff working with older adults or individuals with complex health needs.

Introduction

- Welcome, housekeeping, and course objectives

Course Programme

- What is delirium? Definitions and prevalence
- Causes, types, and risk factors
- Recognising signs and symptoms
- Diagnosis, assessment, and treatment options
- Supporting individuals with delirium
- Prevention strategies and potential complications
- Summary, Q&A, and evaluation

Suitable for:

Care



"Delirium (sometimes called 'acute confusional state') is an acute, fluctuating syndrome of encephalopathy causing disturbed consciousness, attention, cognition, and perception" NICE