

DISSOCIATIVE DISORDERS AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This Dissociative Disorders Awareness course introduces delegates to the key concepts, causes, and challenges associated with dissociation and related mental health conditions. Delegates will explore the differences between dissociation, depersonalisation, and derealisation, gain insight into diagnosis and treatment, and reflect on ways to support individuals living with these conditions. The course also touches on NEAD (Non-Epileptic Attack Disorder) and the importance of a trauma-informed approach. This course is ideal for nurses, support workers, and healthcare assistants working in mental health settings.

Introduction

- Welcome and introductions

Course Programme

- Understanding dissociation, depersonalisation, and derealisation
- Causes and types of dissociative disorder
- Barriers to diagnosis and clinical challenges
- Supporting individuals in practice
- Psychological and pharmacological treatment approaches
- Awareness of NEAD (Non-Epileptic Attack Disorder)
- Summary, reflective discussion, and course evaluation

Suitable for:

Care



"Dissociative disorders typically arise in response to extreme and repetitive trauma and/or abuse in early childhood." CDS UK