

DOWN SYNDROME AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This course offers an essential introduction to Down syndrome, helping delegates to better understand the condition and how to provide meaningful support. Topics include the causes and characteristics of Down syndrome, communication needs, behavioural challenges, and strategies to promote independence and inclusion. The session is ideal for anyone working with or supporting individuals with Down syndrome in care, education, or community settings.

Introduction

- Welcome, introductions, and course overview

Course Programme

- History, statistics, and understanding Down syndrome
- Types, causes, and common characteristics
- Communication and behaviour: strategies for support
- Promoting independence, education, and social inclusion
- Support networks and community resources
- Down syndrome and dementia
- Summary, questions, and course evaluation

Suitable for:

Care, Education
and Commercial



"Live birth prevalence in 2021 was 11.7 per 10,000 live births or one in 854 live births for Down's syndrome" NHS England