

LEG ULCERS

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

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This course introduces care staff to the causes, identification, and management of leg ulcers. Delegates will explore the differences between venous, arterial, and mixed ulcers, understand the stages of wound healing, and learn about effective treatment and dressing options. The session also covers risk factors, prevention of recurrence, and the importance of holistic patient care. Suitable for healthcare workers involved in wound care, patient assessment, or general support of individuals with long-term conditions.

Introduction

- Welcome, introductions, and course aims

Course Programme

- What is a leg ulcer? Types and characteristics
- Causes, risk factors, and complications
- Stages of wound healing
- Assessment techniques and identifying ulcer types
- Dressing options and treatment approaches
- Preventing recurrence and promoting skin integrity
- Recap, Q&A, and course evaluation

Suitable for:

Care



"Venous leg ulcers are the most common type of leg ulcers, accounting for 60–80% of cases" NICE