

LIGATURE AWARENESS

Course Number
S1

Validity
3 Years

Duration
3 Hours

Assessment
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This essential course equips delegates with the knowledge and practical skills to respond effectively to ligature incidents. It covers the identification of ligature risks within care or clinical environments, reinforces awareness of local policies and emergency equipment, and includes hands-on training for managing unsuspended, partial, and full suspension incidents. The course also includes a refresher on key first aid principles and provides space to reflect on the emotional impact of such events. Suitable for care staff and professionals working in environments where ligature risk may be present.

Suitable for:

Care



Introduction

- Introduction and course overview

Course Programme

- Identifying ligature risks and conducting local risk assessments
- Legal responsibilities and adherence to local procedures
- Emergency response to unsuspended ligature incidents
- Practical: Responding to partial and full suspension scenarios
- Emergency first aid refresher: priorities and actions
- Debriefing and emotional aftercare
- Recap, Q&A, and course evaluation

"In 2023, provisional statistics show that there were 93 suicides in prison custody in England and Wales. This represented a rate of 10.8 suicides per 10,000 prison population, a rise on the 2022 figure of 9.4." House of Commons Library