

MUSCULAR DYSTROPHY AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This course provides participants with a clear understanding of muscular dystrophy, including its causes, symptoms, types, and the impact it has on daily life. Delegates will explore how the condition is diagnosed and managed, with an emphasis on person-centred care. The session highlights practical approaches to support mobility, communication, and quality of life. This training is suitable for all care and support staff working with individuals who may be affected by any form of muscular dystrophy.

Introduction

- Introduction and course overview

Course Programme

- Understanding muscular dystrophy and its causes
- Types of muscular dystrophy and their characteristics
- Signs, symptoms, and progression
- Diagnosis, complications, and treatment options
- Supporting individuals with muscular dystrophy
- Summary, Q&A, and course evaluation

Suitable for:

Care



"Tens of thousands more people in the UK than previously thought are living with rare, muscle-wasting conditions. Research we've funded puts the figure at about 110,000" MDUK