

OXYGEN THERAPY

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

-

This Oxygen Therapy course is designed to give carers and support staff a clear understanding of how and why oxygen is used in care settings. Delegates will explore the anatomy of the respiratory system, indications for oxygen therapy, types of oxygen delivery systems, and how to use them safely. The session also covers record keeping, storage requirements, and routine operational checks. This half-day theory-based course is ideal for carers supporting individuals who receive oxygen therapy at home or in residential care.

Introduction

- Introduction and course overview

Course Programme

- Understanding the respiratory system
- What is oxygen therapy and when is it used?
- Oxygen devices, flow rates, and administration techniques
- Monitoring, record keeping, and safety considerations
- Routine care and operational checks
- Summary, Q&A, and course evaluation

Suitable for:

Care



"Oxygen therapy is a way to give you some extra oxygen and the main aim is to treat the low amounts of oxygen in your blood stream and bring them up to normal " British Thoracic Society