

PERIPHERAL NERVOUS SYSTEM AWARENESS

Course Number

S1

Validity

1 Year

Duration

3 Hours

Assessment

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This course provides a clear and engaging overview of the peripheral nervous system (PNS), exploring its structure, functions, and clinical relevance. Delegates will learn to distinguish between the central and peripheral nervous systems, understand the roles of cranial and spinal nerves, and identify motor, sensory, and autonomic pathways. The course also covers reflex arcs, signs of nerve damage, and conditions such as peripheral neuropathy. Suitable for health and social care staff seeking a better understanding of neurological function and support needs.

Suitable for:

Care



Introduction

- Welcome and introductions

Course Programme

- Overview of the nervous system: CNS vs PNS
- Structure and function of the PNS
- Cranial and spinal nerves
- Motor, sensory, and autonomic pathways
- Reflex actions and reflex arcs
- Peripheral neuropathy and its effects
- Recognising signs of nerve damage
- Recap and course evaluation

"The peripheral nervous system is the network of nerves that lie outside the central nervous system (the brain and spinal cord)." NHS