



POSITIVE BEHAVIOUR SUPPORT AWARENESS

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This engaging 3-hour course provides learners with a clear introduction to the principles and practical applications of Positive Behaviour Support (PBS). Participants will explore how PBS can positively impact individuals by focusing on their strengths, interests, and behaviours. The session equips learners with the knowledge to understand behaviour triggers, apply functional behaviour assessments, and contribute to the creation of effective, person-centred support plans. Ideal for health and social care staff, support workers, and professionals working with individuals who display behaviours that challenge.

Suitable for:

Care



Introduction

- Welcome and introductions

Course Programme

- Overview of Positive Behaviour Support (PBS)
- Understanding CQC guidance and the PBS framework
- Exploring individual needs: strengths, interests, and behaviours
- Benefits and values of PBS in practice
- Functional Behaviour Assessment
- Introduction to behaviour management and reinforcement strategies
- Reflection, key learning points and close

"PBS helps us understand the reason for the behaviour so we can better meet people's needs, enhance their quality of life and reduce the likelihood that the behaviour will happen." CQC