

PROFESSIONAL BOUNDARIES

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This half-day course explores the importance of maintaining professional boundaries when working with clients, colleagues, and other professionals. Delegates will examine key principles, potential challenges, and the impact of blurred boundaries in care and support settings. The session includes practical examples, case discussions, and guidance on best practice, whistleblowing, and maintaining a person-centred approach within professional limits. Suitable for anyone working in health, social care, or related support roles.

Introduction

- Welcome, aims, and introductions

Course Programme

- Understanding professional boundaries
- Boundaries with clients and other professionals
- The “zone of helpfulness” and ethical conduct
- Recognising warning signs and knowing when to act
- The role of supervision and whistleblowing
- Maintaining good practice and staying current
- Recap and course evaluation

Suitable for:

Care



“Professional boundaries are the limits that make sure the relationship between a worker and the person using services is a safe and supportive one.” SSSC