

SUPPORT PLANNING

Course Number

S1

Validity

3 Years

Duration

3 Hours

Assessment

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This course provides delegates with an understanding of personalised support planning and its role in empowering individuals to live the life they choose. Delegates will explore what a support plan should include, how it links to individual budgets, and how to ensure the person's goals and safety are considered throughout. The course includes practical activities, case discussions, and a comparison with traditional care plans. Suitable for care staff, support workers, and coordinators involved in planning care and support.

Introduction

- Introduction and course overview

Course Programme

- What is a person-centred support plan (PCSP)?
- The 8 key questions every support plan should answer
- Understanding what's important to the individual
- Setting goals and identifying available support
- Budgeting, outcomes, and managing change
- Comparing care plans and support plans
- Avoiding conflicts and supporting choice
- Summary, Q&A, and course evaluation

Suitable for:

Care



"A personalised care and support plan is a way of capturing and recording conversations, decisions and agreed outcomes in a way that makes sense to the person." NHS England